

Ready or Not – 5k

Saturday, August 6th, 2011 8:00am

More info on Runotsego.com or Active.com (search: Ready or Not)

Chip Timing!!!

A Message from the Otsego Running Club: Avid runners and recreational runners alike are invited to participate in this 10th annual event. This year's events include a 5k run/ walk and a 1k fun run for the kids. The course is a fast, flat loop through the outskirts of Otsego, MI. We will be providing refreshments and loads of prizes for our participants at the conclusion of the race. Thank you for supporting our running club and we hope to see you at this year's event!

GPS Address: 766 S. Farmer Street, Otsego, MI 49078

Directions to Memorial Park From US-131: Exit 49b, take M-89 West 2.5 miles to Farmer St. Take Farmer St. South (left) roughly ½ mile. Memorial Park is on the corner of Dix St. and S. Farmer St. Look for the Army tank!

Awards: Medals will be given to the top three runners in each age division. Divisions include: 10 and under, 11-13, 14-18, 19-25, 26-35, 36-45, 46-55, 56 and over.

Course Record Holders:

Female: Kristin Walstad 05' 17:58

Male: Tommy Brinn 10' 15:30

Registration 5k Run/Walk: Early: \$20 Day of: \$25 (t-shirts while they last)

1k fun run: FREE!!! Starts at 7:45am and stays inside the park (no roads!)

READY OR NOT 5K – REGISTRATION FORM

Or register on active.com (search Ready or Not)

Must be received by 8/4/11

Do NOT mail after 8/2/11

NAME: _____ AGE _____ TSHIRT: YL S M L XL

ADDRESS: _____ SEX _____

CITY: _____ STATE: _____ ZIP: _____

EMERGENCY PHONE: _____ CONTACT: _____

I understand that participating in a Running Race or Fun Run/Walk is a potentially hazardous activity. I should not enter the race or run /walk unless I am medically able and properly trained. I recognize that the race and run/walk will take place on public roads where vehicle traffic will be present. I agree to follow all safety instructions given by race organizers. I assume all risks associated with participating in this event including adverse effects of heat/humidity, traffic and the conditions of the course surfaces all such risks being known and appreciated by me. I accept responsibility for my participation and in consideration of the acceptance of this entry form. I, for myself and for anyone entitled to act on my behalf, hereby waive and release the Otsego Running Club, the race/run organizers, volunteers, officials assisting with this event and their representatives and successors with respect to damages, claims, demands or action resulting from my participation in this event.

Athlete's signature (parent or guardian's if athlete is under 18)

Date

Make checks payable to: Otsego Running Club

Mail to: Steve Long, 303 Oakhurst Ave. Kalamazoo, MI 49001

More information at: www.runotsego.com

KAR/BCRR #: _____

Bib #: _____